

I Have Helped You—His Love Abides With Us

Overcoming a broken heart

By B. D. Tate

Love is convinced, **love is determined**, love never gives in or gives up, love is committed completely, love doesn't stand by, love is involved, love interceded, love provided, love healed, love protected, love empowered, **love has already helped us to the uttermost!**

Heb 7:25 Therefore He is also able to save to the uttermost those who come to God through Him, since ***He always lives to make intercession for them.***

Love restored the brokenhearted, healed the wounded spirit, and supplied the grace that is needed...

Love supplied, helped, abided, healed, restored...

We have received this love, we may have been ignoring it, denying it, overlooking it, missing it, or not acknowledging it...His love is revealed **by faith** through the Spirit...

I Cor. 2: 14 **But the natural man** does not receive the things of the Spirit of God, for they are foolishness to him; nor can he know *them*, because they are spiritually discerned.

This may explain why we don't readily see, experience, or know God's love; we are still looking for it through the wrong channel—**the flesh channel.**

We need to stand fast, **take His love**, accept it, abide in it, see it, look at it, embrace it, stay in it...We need to trust His love, be committed to it, sell out in it, **remain steadfast in it**...

It's about learning to see His love in us! It's all about recognizing and acknowledging His love...It's a Spirit thing, a faith thing, a mind set on God thing, a heart believing and being faithful to grace thing...

Building up ourselves in what we've been given!

We need to prepare before the storms of life come this means having the vision or foresight and the diligence to lay hold of the foundation of love and faith in His grace...Jesus said this:

Mt 7:24 "Therefore whoever hears these sayings of Mine, and does them, I will liken him to a wise man **who built his house on the rock**:
25 "and the rain descended, the floods came, and the winds blew and beat on that house; and it did not fall, for it was founded on **the rock**.

Jesus said that we are building our house when we build His word into our lives and abide in it. We are building upon THE ROCK which means it is built upon the Lord Himself. ***This makes Him responsible for our life and victory.***

God gives the victory; God brings it out of us at the time we need it...It is a Spirit thing; The victory is a gift that arises from within as the Word of God inspires, confirms, brings peace, and moves with compassion within us.

God's word is good seed! We prepare now to reap a harvest in the times ahead. We prepare the ground of our heart; we plant the word when we are convinced. In due season we will reap from God's word because it comes out of us, out of our heart as a ***faith force*** that believes God has done it! We don't make ourselves believers, **God's believing comes out of us** when we need it...We must be established (planted)...we must be training...**we must be responsive by faith to walk in His love, grace, and Spirit...He is our intercessor!**

Love is solid in the Word and casts out all fears!

The gift of love is the cure for all our fears. **Our fears come from unbelief planted in our heart.** It is seed, like weeds, growing in our heart being fed by what the world thinks and believes. What we see and what we hear feeds those fears. We watch this or that program and it shows someone dying of this or that situation from cancer to accidents, to war, to violence, ***feeding us on human answers.*** We hear this story or have that conversation and all of it is human answers. **Human answers are those things that are natural,** fallen, sin cursed, under the law, under the curse, merely human solutions, and human efforts to solve problems...

Sometimes our fears exist because we haven't cleaned them out. When doctors address wounds one the first things they do is ***look to clean out the area of the injury.*** They look to remove dirt, pieces of cloth, debris of any kind. If it is a gunshot wound they are looking to remove the bullet. Second, if tissues have been cut or bones broken they ***look to restore and replace what has been separated.*** Then they treat the wound with cleansing

fluids to remove all harmful bacteria. Finally in a lot of cases they will ***treat their patient with antibiotics and pain relief medicine.*** The initial treatment is done; however, ***there are follow-up visits*** to see how the healing is progressing. Sometimes cuts need to be re-opened because something was missed. Sometimes new regimens of antibiotics are given because new infections have occurred. Sometimes bones have to be re-set because the initial setting didn't stay.

I describe all of this to present to you that a similar application or process is needed when it comes to our heart. I'm talking about our soul, our mind, will, and emotions; they also need healing when injury occurs. For example, ***like leftovers in a refrigerator*** that mold, mildew and stink and if left over a long period of time become **unidentifiable**, we need to deal with them. When we are injured emotionally, our heart is broken due to intense pain, a wrong has been suffered, and our heart is torn, we need to deal with it. We need to identify the injury, the brokenness, and suffering so that we can be healed. To ignore it, sweep it under the bed or rug, to simply say that there is no problem, denies the truth and it is ***like placing a band aid on a cut that hasn't been cleaned.*** The healing can't take place because the problem hasn't been removed.

Love penetrates deep into our being to every area in order to help us clean out those things that are harmful to our well being. **God's love purifies and casts out all our fears but there is a part we play.** We have to be willing to let the Holy Spirit, as the great physician, address those heartfelt wounds.

A Problem or Hindrance

We can speak to the mountain in these situations and nothing will move (Mark 11:23, 24). We can become confused thinking that this faith thing doesn't work for me. We can become resentful that God's word works for others but not for me. **Let me explain a possible situation.** If say a woman has had an abortion at some time and for all intents and purposes, she has move on in her life. There is a time when that abortion and the taking of her own child will come back to her. For some it might be the birth of another child, or the birth of someone close to her. Maybe for another it is in realizing that their child would be graduating from High School about now or getting married as they attend the wedding of a friend or family member. The law of sowing and reaping cannot be beaten. What we have done to others **if left unaddressed** will come back to us. **It is not God beating us over the head with it—it is the law and the devils will use it to keep us in condemnation.**

Until that emotional and mental guilt and pain is addressed and healed it is like a leftover within her heart mildewing and becoming less identifiable. With such a burden being carried about *acting as if she has made the right decision*, trying to satisfy the righteousness of it all, she may be able for a time to suppress it. Down the road, when say a sickness comes upon her, maybe a cancer in her breast, she is in a **very weak position** to receive from the Lord. She may have learned about God's will is healing, that God has healed her, and to speak to it to be removed from her body. **Deep in her heart though** there is guilt and condemnation combating against her own conscience speaking within that she is **not worthy and is not going to receive.** In fact, deep inside she may honestly feel that she is **deserving of**

this cancer for what she did. ***She actually fears that the punishment she deserves has finally arrived.***

I share this about abortion because this is actually what has happened to many Christian women. The issue could be many other things such as: rejection, abuse, drug addiction, sexual immorality, adultery, rape, unforgiveness, anger, hatred, judgmental issues, neglect, ridicule from parents, failure to meet expectations, failure to do the right thing, cowardice, stealing, murder, the list could go on.

Jesus said he came to ***“heal the broken hearted.”*** A broken heart is one that has suffered disappointment and disillusionment—a wounded spirit. A broken heart comes from being betrayed or causing others to lose faith in you. A broken heart is missing the mark of someone’s expectations. It comes from failing to perform, to please self or others concerning very deeply felt desires or goals. A broken heart experiences hope that is dashed and it makes the heart sick. It is a heart that is unfulfilled and the chance of ever finding redemption is long gone.

Lu 4:18 "The Spirit of the LORD *is* upon Me, Because He has anointed Me To preach the gospel to *the* poor; **He has sent Me to heal the brokenhearted**, To proclaim liberty to *the* captives And recovery of sight to *the* blind, To set at liberty those who are oppressed;

Fear the Most Common Indicator

What do we fear the most? Do we fear failure? Do we fear letting someone down? Do we fear being rejected again? Do we

fear we are going to miss out on something? Do we fear that our hidden torments/fears will be exposed?

Isolation, darkness, keeping secrets, having private places where no one else is allowed, making sure that some things are never known, wanting desperately to find release but having no place or person to turn to...there are many, many, suffering deep within while the world just keeps on turning. ***A broken heart has something to hide...***

Sometimes the issue isn't well understood, it is like we are constantly asking the question, "***What happened?***" For some, they don't even know enough to know why they were hurt, why they were abused, why they did what they did. The guilt, the condemnation, the shame is so bad the thought of even going there is just too much. When they think of it they physically get sick and shake.

Like a **time bomb** waiting to explode many are walking around ***loaded with leftovers***. They are short tempered, easily irritated, depressed often, negative about many things, resentful, easily offended, hold grudges, unbending, harsh, ready to react, ready to fight, walk about with a chip on their shoulder just waiting for someone to try and knock it off...some have become so hardened it would take great patience to help them. In regards to faith, their heart is hardened, the pain and hurt have made it too difficult to receive, understand, and remember the things of God's grace for them.

Others with this pain go the other way from violent anger to defeated foe. They are broken, unwilling to stand up for themselves, see others as superior, they are weak, timid, easily

back down, will do whatever it takes to please others, don't make eye contact, feel less than human, constantly see that they are the problem, readily take blame, ***don't see anything good about themselves...in regards to faith they can't receive because they are not worthy.***

This is a Biblical fact: There is nothing hidden from the Lord who sees all men's hearts open before Him as these verses declare:

Ps 44:21 Would not God search this out? **For He knows the secrets of the heart.**

Luke 12: "For there is **nothing covered that will not be revealed, nor hidden that will not be known.**

3 "Therefore whatever you have spoken in the dark will be heard in the light, and what you have spoken in the ear in inner rooms will be proclaimed on the housetops.

Ro 2:16 in the day when **God will judge the secrets of men** by Jesus Christ, according to my gospel.

There is nothing God doesn't know about us and yet we feel as if our hearts are closed and hide us from every person including the Lord.

Why do we hide ourselves? We are afraid of others and what they might think of us. We are afraid of rejection, of being humiliated again, of being exposed as someone who is sick, wrong, and condemnable.

Like a wound that is unclean so our hearts remain stained, darkened, torn. In this condition our own **hearts prevent us from accepting love** let alone the healing for our body.

We need to be loved first. We need to believe we are accepted and beloved of God. We need to be healed of our torment, defeat, and disgust of self. We need to believe desperately that God really does forgive us or God can heal us. Corrie Ten Boom once said or wrote: **“There is no pit so deep, that God's love is not deeper still.”** She was a woman who endured years in a German concentration camp with great suffering. She brought hope to many hopeless women in that camp during WWII.

God's love needs to heal our broken heart so that we are free to believe. We are forgiven. Jesus paid it all. He has saved us to the utter most (Heb. 7:25). That means there is nothing we've done or experienced that God hasn't fixed. Even our hurt, pain and sorrows he bore:

Isa 53:4 Surely He has borne our grief and carried our sorrows;

All of our fears have no tomorrows in Him. He loves us, loved us, and will always love us. God, who made us with the capacity to love and to hurt, is greater than our heart.

1Jo 3:20 For if our heart condemns us, **God is greater than our heart, and knows all things.**

Nothing is impossible with God—nothing (Mark 9:23). The greater the injury the greater God's grace (Rom. 5:20); God isn't only able ***He is more than willing***. He is even more than willing ***because He has already addressed our pain***, sorrow, grief in Christ, in the cross, having atoned for every sin. How can we

doubt God's willingness to receive us, forgive us, heal us, and deal with our injuries, and torn hearts, **if He has already done it?**

Our faith works through love—His love not ours (Gal. 5:6). **God has helped us.** God has supplied us. **God continues to supply...why don't we experience it?** It is because we are responding naturally to something God has done in the Spirit. We are missing it due to fear. We are missing it due to unresolved conflicts within our heart. We are missing it because we need our brokenness healed. God's love cares even about you and me; it is **not God stopping anything** (or holding back) **it is our own heart hindering His love.**

God's perfect love casts out all fear. If we fear it is our natural man condition. It is unbelief ruling our heart. It is because our eyes are not on what He's done for us but remain fixed on the temporal things of this life (II Cor. 4:18).

1Jo 4:18 There is no fear in love; but perfect love casts out fear, **because fear involves torment. But he who fears has not been made perfect in love.**

How does God's love cast out our fear? We fear because we don't trust what is going to happen. We don't have control. We can't prevent this or that from happening; we think others have power over us. We fear because we are alone, hurting, tormented by thoughts and imaginations we don't want to happen. **This is the natural condition of a heart not abiding in His love—the indicator is fear.**

The Answer is His Word and Spirit

We can trust God. Jesus said, "Have faith in God." We can depend upon His will for us **because He has** overcome anything and everything. We have His peace, His grace, His name, and His authority to speak against any weapon formed against us (Isa. 54:17). We know that God works all things for our good who love him and are called according to His purpose (Rom. 8:28). **We are to cast down** all arguments, thoughts, and imaginations that exalt themselves against the knowledge of Christ; bringing every thought into obedience of Christ (II Cor. 10:5). We can turn our eyes upon Jesus and the things of this world will grow strangely dim in the light of His glory and grace. Renew our mind to see what God sees and embrace the truth that God is for us...with us...and has helped us.

2Co 6:2 For He says: "In an acceptable time I have heard you, **And in the day of salvation I have helped you.**" Behold, now *is* the accepted time; behold, now *is* the day of salvation.

He Helped us in sending His Son into the world to be one of us, to live and die for us, so that we could become like Him (I John 4:17).

He has helped us because when we became born again we became a new creation!

2Co 5:17 Therefore, if anyone *is* in Christ, **he is a new creation; old things have passed away; behold, all things have become new.**

Ga 6:15 For in Christ Jesus neither circumcision nor uncircumcision avails anything, **but a new creation.**

This world is passing away but we have become a new creation; old things have passed away; behold all things have become new. **Our new creation is not torn, injured, hurt, bound in sin, addicted, or devastated any longer.** We no longer live to this world, we are alive in Him. We have died to the old man, the old law, the old things, and have become a new man which is everything (Gal. 2:20)! ***God has helped us and healing every manner of plague against us, physical, emotional, and spiritual. We can believe this because as far as God is concerned it is the TRUTH!***

The atonement means we are free to be healed, free to be exposed because there is no condemnation, no shame, no guilt, ***for our lives have passed away.*** We can forgive ourselves, we can forgive others because the life we live in Him now is not touched by any of the past. We are redeemed, we are delivered, and we are free to live in the ***liberty of His love and grace*** (Gal. 5:1). Let us not neglect or ignore so great a salvation nor diminish what Christ Jesus paid on the cross by continuing to beat ourselves, remain in the torment, or stay injured (Heb. 2:3). We have the gift of life, new life, new futures, and healing; it all belongs to us and has already been given to us!

II Pet. 1: 2 ***Grace and peace be multiplied to you*** in the knowledge of God and of Jesus our Lord,
3 **as His divine power has given to us all things that pertain to life and godliness**, through the knowledge of Him who called us by glory and virtue,
4 by which have been **given to us** exceedingly great and precious promises, that through these you may ***be partakers of the divine nature, having escaped the corruption that is in the world*** through lust.

Let's continue to remember that we are no longer under the law nor are we to mix the law with faith. These things are in opposition: Grace and faith vs. the law and our efforts. For the law is natural and of the flesh while grace and faith are of the Spirit.

Ga 5:18 But if you are led by the Spirit, **you are not under the law**.

Ga 2:19 "**For I through the law died to the law** that I might live to God.

Ga 2:21 "I do not set aside the grace of God; **for if righteousness comes through the law, then Christ died in vain."**

Ro 8:2 **For the law of the Spirit of life in Christ Jesus has made me free from the law of sin and death.**

Conclusion:

Therefore, abiding in His Love, learning to see His love for us, realizing how much He loves us, that is our focus, that is our call, that is where our liberty is found, and our healing is experienced; that is where we find life, health and peace—His prince of peace.

Joh 15:9 "**As the Father loved Me, I also have loved you; abide in My love**.

Joh 12:46 "I have come *as* a light into the world, that whoever believes in Me *should not abide in darkness*.